

# Life Education NSW will be visiting our school on

25th October to 4th November, 2010



Here's a brief outline of the range of program that will be seen by the children:

Harold's Surprise	Early Stage 1 (K) - Healthy food choices, importance of physical activity, safety
Harold's Mystery Tour	Stage 1 (Yr 1) - Body workings, passive smoking, safety, decision making
Harold's Heroes	Stage 1 (Yr 2) - Environmental health issues, emergency procedures, individual needs
Harold's Diary	Stage 2 (Yr 3) - Friendship, resilience, healthy food choices, physical activity
Mind Your Medicine	Stage 2 (Yr 4) - Safe and unsafe situations, medicines, peer influence and friendship.
The Burning Issue	Stage 3 (Yr 5) Smoking, passive smoking, peer influence, and refusal skills.
News about Booze	Stage 3 (Yr 6) Consequences of alcohol use, harm minimization, stay safe situations and refusal skills.
Heart Central A & B	Stage 1/2 Digestion, food choices, exercise, medicines and/or smoking
Its Your Call	Stage 3 Decision making, emotions, pressure, risk taking, problem solving

The programs address many of the components and objectives within the NSW PDHPE curriculum.

Teachers of composite classes will choose the program which best suits the needs of their children.

**THE COST IS \$3.00\* PER CHILD.**

(This has kindly been subsidised down from \$7.00 per child).

I give permission for .....Class.....

.....Class.....

.....Class.....

to attend the Life Education program and enclose \$.....

Signature .....(Parent/Guardian)

Date .....