Also available at www.wellington-p.schools.det.nsw.edu.au Wednesday 29th November 2016 Volume 15, Issue 36

Wellington Public School

whisper

Safe, respectful learners

Week 8 Term 4 Contact us on: 6845 4080

Term 4 Week 8

It's certainly warming up and a this is a timely reminder that Summer is nearly here and Spring will be gone when Thursday arrives. Too many students are forgetting to protect their faces and necks by not wearing a hat outdoors. To assist combat this problem we have replaced the policy, "No hat play in the shade' with ***"No hat no play and sit in the shade".*** We ask that parents remind students about the importance of wearing a hat to be protect them from the harmful effects of the sun's rays and ensure that they bring a hat every day so they can wear it while out in the playground during each break.

CPR and Anaphylaxis Training

Mrs Eather was away at a train the trainer course held in Bathurst last Friday in cardio pulmonary resuscitation (CPR). Yesterday, Mrs Eather was off attending another train the trainer course, this time in North Ryde in Sydney. The course was based on the appropriate response to a person suffering an anaphylactic reaction (a severe reaction to an allergy) which can be potentially very dangerous for the victim. CPR training is a requirement for teachers where students are on an excursion where the visit involves being in or near water or where the excursion involves an overnight stay. Anaphylaxis training is required of all staff and a refresher update must be taken annually.

Last Of The Gates

The last two gates are still expected to be installed this Wednesday at the Percy Street pedestrian entrance to the administration area and to the pedestrian access to the preschool in Maxwell Street. These are special gated being made and installed by a Sydney supplier. Both involve work with an elec-

trician with a buzzer being fitted to both to gain access should the gate be closed. The Percy Street entrance is also to be fitted with a camera and the facility to monitor whoever is at the gate seeking access.
The rules around the use of the gates is yet to be discussed and decided upon but of course the gates will be open for student arrival and departure times. The last of the fence behind C Block is still awaiting the posts and panels required but will be finished hopefully before Christmas.

White Ribbon Day

As a school, we were pleased to be able to participate in this important community event at Cameron Park last Friday. Each student carried a white ribbon and upon returning to school, tied the ribbon to our school fence. The white ribbon symbolises our stance, and that of communities across Australia, against domestic violence and in particular the physical violence, all too often, levelled at women and children. Everyone has the right to be safe in their own home and free from the physical or mental abuse perpetrated by a family member. White Ribbon Day encourages people who experience domestic violence to speak out against it. Our children are precious in our lives and deserve our absolute love and care. They too have the right to speak out to protect their families.

Please remember next Tuesday is our Presentation Day and all school community students are hopeful of receiving an award rewarding them for their efforts and achievements throughout the year. Please come to the Civic Centre in Swift Street to help us celebrate. Tuesday too, is our Carols evening and this is always a special family event. Please come and share in the Christmas spirit with your family.

From Tuesday next week children without hays will no longer be allowed to play. They will be required to sit under the COLA. Please ensure your child brings a hat to school.

Acknowledged as a Terrific School-boy Cricketer.

Arthur Taylor was our representative in the Western area team recently in the State cricket comp. The school last week had a phone call from Mr Jordan Moran the Western State cricket coach to tell us about Artie's fabulous sportsmanship and skill as a great player and suggested we would be very proud of Arthur as we definitely are – more next week.

Wellington Public School
P & C Fundraiser
Christmas Raffle
Tickets $2ea
$1,000 worth of Prizes Including

Hp Pavillion x360 Convertible Laptop Computer & Bag

Go Pro Camera

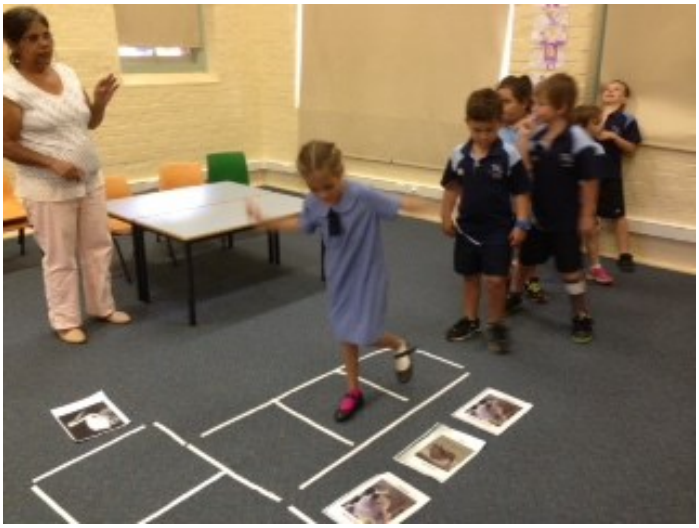
Domino's Pizza Voucher

Lazy Lounge - Fast Inflatable Laybag

Variety Box Including Pool Toys, Books, Dvd's

KINDERGARTEN

WIRADJURI LESSONS



Wellington Public Preschool

The Whisp

News From Our Preschool

Maxwell Street,
Wellington
Ph: 02 68454080
Fax: 02 68452843

Monday to Friday
8:55am—2:30pm

Welcome to Week 8 of Term 4 !!

It is so hard to believe that our year is nearing the end and shortly we will be farewelling your children for the final time!!! We are sure to shed a few tears in the coming weeks as the end draws closer!!!!

This week is our last week of the **Transition to Kindergarten Program,** with an information session for parents and carers to be held from 9.15 in the Gould League Hall this Wednesday.

As we are nearing the end of our year at Preschool, we are holding our Preschool Graduation and End of Year Christmas celebrations on Wednesday the 14th December (time to be confirmed). We asking families to come and bring a plate of food to share. This is a very exciting event for the children so please come along and enjoy the celebrations with us at preschool.

This year we are doing our annual Christmas Raffle to raise some extra funds for our Preschool. We ask that families donate some non perishable items in the basket in the preschool foyer that can be put together to make some prizes for the raffle that will be drawn at the Preschool Graduation!! Raffle tickets will be available shortly.

Wellington Public School Carols Night is being held next Tuesday 6th December from 6pm to 7pm under the main COLA. Family and friends are welcome to come along, bring along some comfy chairs and picnic dinner. Children are encouraged to dress in red and green to get into the Christmas spirit. The P & C raffle will be drawn at the carols night.

During Week 10 we will be having water play days (Monday & Tuesday, Thursday & Friday). Please dress your child in their swimmers, board shorts and rashies so they can get wet and join in the fun!!! A change of dry clothes should also be packed so they can get changed once the fun is over!!!!

Letters offering positions for children for 2017 have been sent out to families, and an information session will be held next Wednesday afternoon for new families. If you know of anyone who should be enrolling, please get them to collect a form ASAP.

Preschool Staff - Allison, Lyn, Cheryl, Catherine & Kylie

Week 8

Please pack a

Water Bottle & a piece of fruit/ vegetable

& a healthy lunchbox

November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	

Preschool November Birthdays

Carter - 2nd November

Dominic—4th November

Miss Lyn—5th November

Miss Catherine—10th November

Molly—14th November

Wellington Public School Preschool

Open for Enrolments for 2017

For any interested families with children of preschool age for 2017 - collect a form ASAP!!!

The Staff and Children at Wellington Public School Preschool would like to invite you to attend our

2016 Preschool Graduation

&

End of Year Christmas Party

Date: Wednesday 14th December 2016

Time To Be Confirmed

Venue: WPS Gould League Hall - Morning Tea will be held at the Preschool

We kindly ask that each family bring along a plate of food to share for morning tea. Tea and Coffee will be available.

For some children this will not be their normal Preschool day, but we hope all of our Pre-schoolers can attend to celebrate this special occasion.

Important Dates –Transition to school

Children visit:	Wednesday 19.10.16	9-11am
	Wednesday 26.10.16	9-11am
	Wednesday 2.11.16	9-11am
	Wednesday 9.11.16	9-11am
	Wednesday 16.11.16	9-11am
	Wednesday 23.11.16	9-11am
	Wednesday 30.11.16	9-11am
Parent Session:	Wednesday 30.11.16	9:15am

Celebrating Great Efforts and Performances

This Week's Buzzie Winners

Pre School Carter, Chanaciya, Amity, Adeline KG, Latika KG, Clare KP, Lauren 1T, Aleena 1L, Jamin 2W, Koby 3T/R, Brock 3/4W, Ella 3T/R, Hunter 5M, Kate 5/6KB and Dom 5/6KB.

Wellington Public School 2016

Year Book

It's that time of the year again to capture all the wonderful things that have happened at our school during 2016.

Pre-order your own copy of the year book NOW! Available December.

Year book pages include:

- Class page & photos
- Excursions
- Carnivals & Sporting Events
- Special days/events

$20.00

Proudly supported by our staff, students, the P & C

and our generous sponsors

Transport for NSW

School travel 2017

Application information Nov 2016

Information for parents, guardians and students

Our school has partnered with Transport for NSW to use the new online process for you to submit school travel applications.

This means we will be able to process your applications online, making it easier and faster for parents, guardians and students to apply for school travel.

Applications for school travel in 2017 are now open, including for travel to Mascot and Green Square station and for private ferries. Parents, guardians and students are encouraged to apply as soon as they are able via:

Applications for 2017 school travel are now open via www.transportnsw.info/school-students

A new application is required when:

- applying for a School Opal card or travel pass for the first time,
- enrolling in Kindergarten, or
- requesting an additional entitlement as a result of a shared parental responsibility situation.

You will need to do an update application if the student has a current school travel pass and:

- is progressing from Year 2 to Year 3,
- is progressing from Year 6 to Year 7, or
- changes address, or
- changes school or campus.

Already have a School Opal card or travel pass?

- When you've updated, and you are eligible for free school travel next year, Transport for NSW will send you an email confirmation once your application has been processed. For travel in rural or regional NSW, we'll also inform your nominated transport operator(s).
- If you already have a School Opal card that does not need updating, or you've successfully re-applied, the Opal card will automatically be updated for travel next year. Do not throw it out as you'll be able to use it when the school year starts in 2017.
- If you currently have a printed travel pass provided by your transport operator, a new pass will be will be ready at the beginning of the new school year.

Wellington Public School

Safe, respectful learners

Enrolments now open for 2017

Parent Information Session - Kindergarten Transition Program

TUESDAY 23rd August, 2016 - 10.00am.

*Come along and learn about **our quality Kindy transition program** operating during Term Four 2016.*

- PBL (positive behaviour for learning) program across the school
- An extensive collection of Early Years learning programs including L3 Literacy and Jolly Phonics
- Experienced Kindergarten teachers with School Learning Support Officers on class all day
- Trained Learning and Support Teachers
- Sound systems in every classroom to reduce impact of Otitis Media.
- Targeted enrichment programs and specialist literacy Support Staff
- A quality home reading program and well resourced, library
- Modern sports equipment to develop fundamental movement skills and provide structured play activities
- "Sporting Schools Communities" activities including multi-skill sports sessions
- Computer lab all linked through a school-wide network for broadband access to the internet
- An electronic whiteboard and two computers in every classroom
- Early Action for Success Team supporting Literacy and Numeracy Learning and Teaching P-2

With class sizes of 20 students, highly trained and experienced teachers, support staff in each classroom and the latest learning resources and program, we will provide an outstanding Kindergarten experience for your child.

www.wellington-p.schools.nsw.edu.au
Percy Street, Wellington NSW 2820
Ph: 6845 4080
Principal: Mr Denis Anderson

BUS ZONE PARKING...

MORNING AND AFTERNOONS

PARENTS ARE ASKED NOT TO PARK IN THE BUS ZONES, IT IS A HUGE SAFETY ISSUE WITH YOUNG CHILDREN GETTING ON AND OFF THE BUSES.

Police will be patrolling the school bus stop during home time. THANKYOU.

Stay in touch

with the

Wellington PS app.

Free download available for android (google play) and apple OS (Apple app store)

THE APP CALENDAR IS NOW UP TO DATE..

Use the App Calendar to stay up to date with all the events happening at the School.

IMPORTANT UNIFORM NOTICE.

IF YOUR CHILD REQUIRES A HOODIE FOR WINTER, PLEASE GET ORDERS IN A.S.A.P. AS THESE TAKE UP TO 9 WEEKS TO ARRIVE..

THANKS KINDLY

SALE

Polar Shirt $10

Summer Dress $20

Navy Shorts $10

Skivvy $5.

Winter Dress $20.

Trackpants $15

Long/s button Shirt $10

Tights $5.

$20

Polar Fleece Jumper

UNIFORM INFORMATION

The New uniform– Sports Shirt and Shorts / Track pants will be the Wellington Public School uniform, however there is a 3year transitioning period and the other uniform is still available.

UNIFORM 2016

Wearing of the school uniform as laid out below is compulsory for all students during school hours, while travelling to and from school, on school excursions and whilst representing the school, e.g. ANZAC Day Service, Eisteddfod, Presentation Day etc.

The school uniform consists of navy shorts or skorts and navy tracksuit pants. A navy and sky blue polo top with the school logo embroidered on it.
- A navy and sky blue hoodie jumper in the same design as the polo top with the school logo embroidered on it.
- White socks are to be worn with joggers.

SHIRTS*/SHORTS/SKORTS

* A navy long sleeve shirt/skivvy may be worn underneath in Winter for extra warmth

JUMPERS/TRACKPANTS

For further detail and information on how to order see the Wellington Public School Uniform Policy or visit the School Front Office

Uniform Order												
/Guardian				Contact No								
ıts' Name(s)				Class(es)								
m Description – (Sizing is Junior - 6 8 10 12 14, Adults - S M L XL XXL XXXL)		$ Item	Size	Qty	Size	Qty	Size	Qty	Size	Qty	$ Due	
Wellington Public School Polyester Polo Shirt with Logo 6-14, S-3XL		$35.00									$	
Wellington Public School Cotton/Polyester Blend Polo Shirt with Logo 6-14, S-3XL		$35.00									$	
Wellington Public School Hoodie Jumper with Logo 6-14 S-3XL		$55.00									$	
CCC Tonal Navy Kids Tactic Shorts 6-14 S-3XL		$20.00									$	
CCC Tonal Navy Tracksuit Pant 6-14 S-3XL		$35.00									$	
Bucket Hat with School Crest Phasing out XS S S-M, L-XL		$15.00									$	
Navy WPS School Bag		$45.00	n/a								$	
Jersey Cotton Navy Shorts 4-12		$15.00									$	
Polyester Micro-fibre Navy Tracksuit Pants 4-16		$25.00									$	
Girls Dresses to be voted on in December 2017												
Girls Cotton Summer Dress 5-16		$50.00									$	
Girls Winter Tunic 5-14		$50.00									$	
Phasing out Sports shirt by December 2018												
Polyester Micro-fibre Navy Shorts 4-16 (while stocks last)		$20.00									$	
Sky Blue Sports T-Shirt 4-16 (while stocks last)		$25.00									$	
Grey School Shorts with WPS Logo 4-16 (while stocks last)		$20.00									$	
Grey Long Pants 6-14 (while Stocks Last)		$25.00									$	
Navy Polo Fleece Jumper - with School Crest 4-16 (while stocks last)		$35.00									$	
Long Sleeve Blue School Shirt 4-16 (while stocks last)		$20.00									$	
Sky Blue Skivvy 4-12 (while stocks last)		$25.00									$	
Use:									Total $ Due		$	
/Sundry												
: No/s									Amount $ Received		$	

Wellington Public School

CANTEEN PRICE LIST

TERM 4 - 2016

All Orders to be in before 9:30 am

All Lunches must be pre- ordered.

BEFORE SCHOOL		SANDWICHES	Sandwich	Roll / Wrap
Milo (warm or cold)	$1.50	Salad	$3.50	$4
Toasted Sandwich:		Ham & Salad	$4	$4.50
Cheese	$2	Chicken & Salad	$4	$4.50
Ham & Cheese	$2.50	Silverside & Salad	$4	$4.50
Chicken & Cheese	$2.50	Chicken, Lettuce & Mayo	$3	$3.50
ALL DAY SNACKS		Chicken, Cheese & Mayo	$3	$3.50
When available		Ham, Cheese & Tomato	$3	$3.50
Piece of Fruit	$1	Cheese & Tomato	$2.50	$3
Watermelon Tubs	$1.50	Cheese	$2	$2.50
Grape Cups	$1.50	Egg & Lettuce	$3	$3.50
Fruit Salad Tubs	$2.50	Egg	$2.50	$3
Yoghurt	$1	Vegemite	$1.50	$2
Yoghurt & Fruit	$1.50	Sandwiches can be toasted (free).		
Custard	$1			
Custard & Jelly	$1	Salad contains: lettuce, tomato, beetroot & cheese.		
Jelly	$1			
Small Jelly & small custard	.50c	**SALADS**		Full/Half
Chips/JJ's	$1.20	Salad Tub; Lettuce, tomato, carrot, beetroot, cheese, egg		$4/$2.50
Popcorn	$1.20	Chicken/Ham/Silverside - Salad Tub		$5/$3 tub
Anzac Biscuits	50c	Chicken Caesar Salad Tub		$7.50 /$4
Muffins	$1			
DRINKS				
Poppers: tropical/oj/apple juice	$1	HOT FOOD		
		Plain or Cruizer Pie		$4
		Party Pie		$1.20
Water	$2	Sausage Rolls		$3
Big M Milk: Choc/Strawb	$2	Pizza Single; h&p / c&b		$2.50
Moove 300ml Choc/Stra	$2.50			
Slushie	$2	Chicken Nugget		$0.60 each
Aroona Drinks	$2	Yummy Drummy		$1.30 each
Juice; orange, apple, apple & blackcurrant, orange & mango,	$2	Chicken or Beef Noodle Cups		$2
		Lasagne		$3.50
		Hot Dog		$3
		Pizza Rounda		$3.50
ICE BLOCKS				
Paddlepops	$1.50	Chicken & Gravy Roll/Beef & Gravy Roll		$4
Zooper Doopers	$0.60	Cob of Corn		$2
Monys	$0.60	Gluten Free Pies		$4
Lemonade Icy Twist	$1	Gluten Free Beef & Vegie Roll		$3.50
Juice Icy Cups	$1	Gravy/ Tomato or BBQ Sauce		.50c

$5 MEAL DEALS

Term 4

10 October – 20 December 2016

Monday	**Chicken Caesar** **SALAD** **TUB**
Tuesday	**Zucchini & Bacon** **SLICE**
Wednesday	**Spaghetti Bolognese** **&** **warm milo**
Thursday	**Nacho's** **With a** **Juice Popper or Water**
Friday	**Chicken or Cheese** **Burger** **With a** **Juice popper or Water**

PCYC Wellington School Holiday Programs Schedule - 9am to 4pm

Week 1: Wednesday 4th Jan to Friday 6th Jan - $60 for full week or $25 per day (Includes excursion to Flipout)

Week 2: Monday 9th Jan to Friday 13th Jan - $120 for full week or $25 per day (Includes excursions to Water Park & Inflatable world)

Week 3: Monday 16th Jan to Friday 20th Jan - $120 for full week or $25 per day (Includes excursions to Water Park & Flipout)

Week 4: Monday 23rd Jan to Wednesday 25th Jan - $60 for full week or $25 per day (Includes excursion to Ten Pin Bowling)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9.00am to 10.00am	Indoor Sports	Scooter Boards	Indoor Sports	Indoor Sports	Scooter Boards
10.00am to 10.30am	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
10.30am to 11.30am	Tai Chi	Excursion	Gymnastics	Excursion	Tai Chi
11.30am to 12.30pm	Gymnastics	Excursion	Cooking	Excursion	Gymnastics
12.30pm to 1.15pm	Lunch	Lunch	Lunch	Lunch	Lunch
1.15pm to 2.00pm	Arts & Craft	Roller Blading & Scooter course	Boxing	Bingo & Trivia	Baking
2.00pm to 4.00pm	Afternoon Tea & Archery/Movie	Afternoon Tea & Movie/Arts & Craft	Afternoon Tea & Movie/Arts & Craft	Afternoon Tea & Archery/Movie	Afternoon Tea & Movie/Arts & Craft

Please Note

Due to transport limitations we can only take 30 kids to all excursions - preference will be given to full week bookings.

Morning, Afternoon Tea and lunch are provided - please let PCYC know of any food allergies.

Kids must wear enclosed shoes and bring a water bottle.

Cold drinks, snacks and lollies will be available for purchase from the canteen.

WHAT ARE THEY?

Dubbo Hockey is pleased to announce its first U12 Development Clinic in December 2016 & January 2017!! This is an opportunity for players to come along and be coached by a Hockey NSW state team coach. Players will take part in core skill activities, play the new 'Stick2Hockey' formats in a mini competition and play fun games where prizes can be won.
Dubbo Hockey would like to raise the profile of Hockey in our area, by introducing new players to the game and also it gives Dubbo Hockey the chance to see the younger players coming through and assist them in how to further develop and enjoy their hockey before they get to the age of our State Champs Teams.

WHERE?

Association	Date	Venue
Dubbo	Thursday 15th December 2016	Pioneer Park, Howard Avenue Dubbo
Dubbo	Wednesday 11th January 2017	Pioneer Park, Howard Avenue Dubbo

WHO SHOULD ATTEND?

- Anyone between the ages of 8-12 years old *(eligible by the age you turn on or after January 1st 2017)*
- All levels of player welcome from beginner to rep level.

COST?	HOW?	CONTACT?
$50 includes gift from Dubbo Hockey	Registrations will be open on **Monday 28th November** with only limited spots available so don't miss out!! Please email hockey@dubbohockey.com.au	**Nikki Simpson** e: hockey@dubbohockey.com.au p: 0447 914 749

TIMES?	BRING?	Extra?
8.30am to 1.30pm Start time is 9.00am on the field	Bring your waterbottles filled with water and your lunch – *morning tea will be provided* Shin pads, mouth guards & hockey sticks, we have sticks to borrow!	Hockey pack of stick, shin pads & mouth guards can be purchased.

Dear parents, carers and community of Wellington Public School,

Sausage sizzles are a favourite Australian pastime. We enjoy them at fundraisers, sports days, on voting days and just about any other excuse where we get together as a group.

Unfortunately, a sausage sandwich with white bread, butter and sauce isn't the most healthiest of meals. Instead of trying to get rid of sausage sizzles completely, (who would dare!) I have included some suggestions to on how to make BBQs healthier!

There is also an experiment on the next page to show the difference between regular and low-fat sausages.

Try and put these tips into action the next time you have a BBQ.

Gabriella Barrett
Food Security Project Officer, Dubbo

The Wellington Bite!

Issue 23: November 2016

the power of humanity — Australian Red Cross

Healthy BBQ Choices Made Easier

Here are some easy tips for a healthier sizzle ...

- Serve reduced-fat sausages – see the experiment we carried out over the page
- Prick sausage skin so that the fat drains out, and avoid adding extra oil
- Barbecue mushrooms, vegetable kebabs or corn on the cob as alternative choices
- Provide wholegrain or wholemeal bread, and don't bother buttering
- Serve with coleslaw, tomato, lettuce or grated carrot
- Use low-salt, low-sugar varieties of tomato sauce
- Charring on meat, poultry or fish, means cancer-causing compounds may be present, so scrape it off before eating. Meat can also be affected by the smoke that rises when fat drips onto the hot coals or other heat source. Eating charred meat has a strong link to colorectal cancer, one of the commonest cancers in Australia, so be careful!
- Choose lean cuts of meat, trim any visible fat so that less fat drips during cooking
- Avoid BBQs over open fires or coals where the fat drips onto the hot flames

Week 1 - Wed 4th January to Fri 6th January - 9am to 4pm*
Week 2 - Mon 9th January to Friday 13th January - 9am to 4pm
Week 3 - Mon 16th January to Friday 20th January - 9am to 4pm
Week 4 - Mon 23rd January to Wed 25th January - 9am to 4pm*

Cost: Weeks 2 & 3 $120 for full week **(includes 2 excursions)** or $25 per casual day.
Weeks 1 & 4 $60 for full week **(includes 1 excursion)** or $25 per casual day

For additional information or to make a booking please contact us on **6845 2590** or **wellington@pcycnsw.org.au**

***Please note that weeks 1 & 4 are 3 day weeks due to Public Holidays**
Program schedule will be available mid December

Sensory Friendly Screening!

Get up! Dance! Walk! Shout! Wheel! or Sing!

1.30pm Sunday 4 December 2016
Reading Cinemas Dubbo

This is a free event funded by Early Links CareWest.

We turn the lights up, and turn the sound down, so you can get up, dance, walk, shout, wheel or sing!

Easy Access, closed-caption devices and audio descriptive head sets available!

RSVP before 1 December to secure your place
Kelly.brennan@cw.org.au Mobile: 0428 686 545
Meredith.shannon@cw.org.au Mobile: 0419 145 132

carewest — NSW Government — Ability Links NSW — Ability Links